

**Course ID: ENG101 Course Name: Advanced English Composition Test Name: Persuasive Essay Writing Student ID: 20240001 Student Name: John Doe**

**Topic: Should Schools Eliminate Homework?**

**Introduction**

Homework has long been a staple of education, intended to reinforce classroom learning. However, many argue that excessive homework burdens students, limits free time, and may not always improve academic performance. Schools should eliminate or significantly reduce homework because it causes unnecessary stress, reduces family time, and does not always lead to better learning outcomes.

**Argument 1: Homework Causes Unnecessary Stress**

Many students face significant stress due to excessive homework. Studies show that large amounts of homework can lead to sleep deprivation, anxiety, and burnout among students. The American Psychological Association found that high school students who receive more than two hours of homework per night report higher stress levels and mental health issues. Rather than improving learning, too much homework can negatively affect student well-being.

**Argument 2: Reduced Homework Allows for More Family and Personal Time**

Eliminating or reducing homework allows students to spend more time with their families and engage in extracurricular activities. Family bonding is essential for emotional well-being, and homework often takes away from this valuable time. Additionally, students need opportunities to explore hobbies, sports, and creative activities, which contribute to overall personal development.

**Argument 3: Homework Does Not Always Improve Learning**

Research suggests that homework does not always correlate with higher academic achievement. Countries like Finland, known for their high-ranking education system, assign little to no homework, yet their students perform exceptionally well. Effective classroom instruction and active participation may be more beneficial than hours of repetitive assignments.

**Conclusion**

While some believe homework is necessary for reinforcing learning, the negative impact on student stress, family time, and personal development outweighs its benefits. Schools should reconsider traditional homework practices and focus on alternative teaching methods that prioritize student well-being and effective learning strategies.